

STATE BOARD OF SUBSTANCE ABUSE AND MENTAL HEALTH

Minutes of December 2, 2008

Department of Human Services

Salt Lake City, Utah

1:00 pm

Attended:

Board Members:

Paula Bell, Chair

Dr. Michael Crookston

Jolene Meredith

Nora B Stephens

Dr. James Ashworth

Lou Callister

Excused:

Darryl Wagner, Vice Chair

Staff:

Mark Payne

Ron Stromberg

Brent Kelsey

Dori Wintle

Dallas Earnshaw

Tracy Luoma

Jan Fryer

Guests:

Richard Nance

AGENDA	DISCUSSION	RECOMMENDATIONS/ACTION
Welcome and Introductions	Paula Bell opened the meeting and welcomed those in attendance. Introductions were made.	
Recognition of Nora B Stephens	Paula recognized Nora B for her outstanding service on the Board for the past six years, serving as Chairperson for two of those years. Board members and Division staff expressed their appreciation to Nora B for her dedication and commitment to the Board, as well as to the citizens of Utah. A plaque was presented to Nora B. Nora B commented that it has been a privilege to serve on the Board and that she will miss her involvement on the Board and the association of the other members.	
Approval of the October 14, 2008 Meeting Minutes		Nora B moved that the minutes of the October 14th Board meeting be approved as written. Motion seconded by Lou and approved unanimously.
Utah State Hospital	Dallas Earnshaw reported that State Hospital staff is currently preparing for their annual Christmas celebration with the patients and the Forgotten Patient Program and dinner. He reported that they are awaiting information regarding the Governor's budget and the request for the Hospital's new building project. Dallas indicated that the recruitment process has improved and the Hospital has seen an increase in applicants for various positions that are open. Joleen recognized Dallas and his staff for the excellent patient care that is provided at the State Hospital.	FYI.
Utah Behavioral Healthcare Network (UBHN)	Richard Nance reported that UBHN is now a Committee of the Utah Association of Counties and will be referred to as the Utah Behavioral Healthcare Committee (UBHC). He reported that the new director for the State Division of Services for People with Disabilities is in the process of requesting meetings with the mental health center directors to discuss the relationship between the two systems and will also be attending the next UBHC meeting to discuss with the group as a whole. Richard reported that the current concerns for UBHC include the future of the DORA Program and the budget reduction scenarios that centers have been asked to prepare for the Department. He noted that the legislative priorities for UBHC include, 1) preserving as much of the DORA Program as is possible, with a plan to maintain both an urban and rural demonstration project, 2) preserve 100% of the current allocation for Drug Courts, and 3) preserve the \$2.7 million allocated to serve unfunded clients in the public mental health system. Richard reported that he represented UBHC at the recent meetings of the State Association of Addiction Services in Washington, D.C. He noted that a request was made during these meeting for states to develop a list that would be proposed to the new administration on Capitol Hill in Washington, D.C. He reported that the list identified by UBHC includes, 1) maximize the FMAP rate, 2) an emergency adjustment for the Substance Abuse	FYI.

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UBHN Report (continued)	Prevention and Treatment Block Grant, and 3) include behavioral health in any emergency stimulus package that is proposed for state and county governments. Richard reported that UBHC is currently recruiting for a full-time executive director, and that they have been fortunate to have Harold Morrill working in this capacity on an interim basis until the position is filled.	
Division Outcome Reports	Dori Wintle presented information on some of the data and outcome measures that the Division is using to monitor and evaluate provider performance. Dori noted that over the last couple of years, the Division has enhanced the process for data collection and reviewed the progress that has been made. She explained how the data is used to develop scorecards for substance abuse and mental health programs and emphasized the importance of creating these scorecards. Various scorecards and reports were distributed and explained, which generated discussion and questions from the Board. It was noted that the information distributed and discussed will be used as the Division's monitoring team conducts their annual site visits to each center to help evaluate how specific services are being provided.	The Board recognized the work that the Division has accomplished in the area of data collection. They suggested that at some point an executive summary of the information presented be prepared.
Budget Cuts	Lisa-Michele Church attended the Board meeting to provide information on the budget cuts taken during the special session in September and also the proposed cuts for the 2009 legislative session. She provided an overview of how the proposed cuts were approached and the overall principles that were used in determining the cuts. Lisa-Michele invited feedback from the Board on the information provided. The Board thanked Lisa-Michele for taking the time to attend the meeting and provide them with information relative to budget cuts. A discussion ensued by the Board, and members expressed the importance of contacting individual legislators to discuss the cuts and encourage caution with cuts made to substance abuse and mental health programs, as well as to encourage them to backfill the programs for one year with one-time money if programs are cut.	FYI.
Children's Planning Committee	Ron Stromberg provided information on the new Children's Mental Health Planning Committee. He reported that an Executive Committee was established and tasked with the preliminary work of outlining the process to be used in developing a comprehensive state plan for delivering mental health services to Utah's children, with the final plan being developed by the full Planning Committee. Ron noted that the Executive Committee has begun meeting and distributed a document outlining their task and the specific items that will be included in the Comprehensive Plan for Children's Mental Health. Ron reported that there is a lot of enthusiasm among the participants which include family and youth, as well as other individuals and agencies who are committed to providing quality behavioral healthcare for children, youth and families.	FYI.
Update on Funding Formula	Brent Kelsey reported that conference calls have been held with the consultant that was selected to assist in developing recommendations for a revised funding formula. He indicated that the consultant will be coming to Utah in January for an initial meeting with UBHC and other stakeholders regarding the funding formula and proposed that the consultant attend the January Board meeting while here. There was discussion by the Board.	Board concurred to include a discussion with the consultant on the funding formula at their January 13 th meeting.
Legislative Audits	Mark Payne reported on the Legislative Audit for the State Hospital and indicated that Dallas has submitted a report to the auditors responding to the issues identified in the audit. He indicated that the State Hospital has responsibly handled all of the issues, and work has been done on system wide issues as well. Mark reported that issues remain with the Legislative Audit for Davis Behavioral Health and that the auditors are not satisfied that the issues have been resolved.	FYI.
Upcoming Legislative Session	Mark reported that the Governor's Budget will be released this week and information will then be available regarding budget requests. Mark asked Brent to discuss issues with prescription drug	FYI.

AGENDA	DISCUSSION	RECOMMENDATIONS/ACTION
Upcoming Legislative Session (continued)	disposal. Brent reported that discussions have occurred on various ways to resolve the issue, including the possibility of generating a legislative bill to establish a task force to develop possible guidelines; however, noted that it is unlikely that a bill with a fiscal note would pass given the state of the economy. Brent reported on two prescription drug task forces currently in place, one started by the Health Department which the Division is involved in, and the other a multi-state Federal Task Force started by the Drug Enforcement Agency (DEA). Brent reported that both Task Forces are discussing the issue of prescription drug disposal and that Senator Jones has been invited to participate on either and/or both. The issues will continue to be worked on for resolution.	Updates on issues with prescription drug disposal will be provided to the Board as available.
Board Membership Update	Mark reported that since the last Board meeting, word has been received that the Senate has confirmed the reappointments of Dr. Crookston and Joleen Meredith to serve an additional term on the Board. In addition, a recommendation has been sent to Lisa-Michele Church to fill the vacancy of Nora B Stephens. This recommendation has been submitted to the Governor's Office.	FYI.
Revision to Board By-Laws	Mark reported that at the last board meeting, there was discussion regarding the terms of the Board and the need to have them staggered to eliminate having terms expire for four Board members at the same time. Mark reported that in researching the statute relative to Board terms, it was determined the terms are set and that the terms would have to remain as they currently are to be in line with the statute. The statute was reviewed with the Board. Mark suggested that the Board consider revising the section of their By-laws regarding Board terms so that they coincide with the language in state statute.	Nora B moved that the By-laws be amended to reflect the language in state statute regarding board terms. Jan will revise and file an updated copy in the Board's new resource manual.
Review of Board Resource Manual	Paula Bell requested that the Division compile a resource manual for each Board member. These manuals were distributed and the contents were reviewed. The Board discussed ways in which the manual could be used that would be most beneficial to them. Paula suggested that if there is additional information that the Board would like to have included to please let Jan know.	The Board agreed to have the manuals be kept at the Division and made available at each meeting.
2009 Proposed Meeting Schedule and Retreat	Paula asked for input on holding a possible Board retreat in the near future. The Board discussed and agreed that a retreat would be beneficial. The 2009 Board meeting schedule was reviewed and possible dates considered for a retreat. It was suggested that the retreat be scheduled after the legislative session and after the new board member is appointed so that they can be involved in the retreat.	Board agreed to reschedule the March meeting from the 10 th to the 17 th . The Board meeting will begin at 10:00 am and the retreat at 1:00 pm and will be held at the State Hospital. The Board will visit the history museum while there. The 2009 Board meeting schedule will be revised and put in the resource manuals. Board members should let Jan or Paula know of any agenda items they would like included for the meeting and/or the retreat.
Adjournment		Lou moved that the meeting be adjourned. Motion seconded by Dr. Ashworth and approved unanimously.